

Munch Time Winter Menu 2025/26

Week Beginning: 3/11/25; 24/11/25; 15/12/25; 5/1/26; 26/1/26; 23/2/26; 16/3/26

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Oven baked Fishcakes*	Mild Chicken Curry	Homemade Beef Bolognese (GF, DF)	Roast Chicken (GF, DF) & Stuffing (DF)	**Vegetarian Day** Tomato & Basil Pasta (DF, V)
Second Option	Vegetable Fingers (DF,V)	Lentil & Vegetable Pattie (GF, DF, V)	Quorn Bolognese (V)	Vegetable Nuggets (DF, V)	5 Bean Casserole (GF, DF, V)
Sides	Crisscross Potatoes and Baked Beans	Rice, Peas & Naan Bread	Spaghetti Pasta* and Garlic Bread	Roast Potatoes, Carrots, Broccoli & Gravy	Garlic Bread & Cheese
Lite Bite	Roll	Wrap	Roll	Wrap	Roll
Dessert	Fruity Flapjack (GF,DF, V)	Syrup Sponge* (DF) & Custard	Ginger Shortie* (DF,V)	Chocolate Ice Cream Swirl*	Rainbow Ice Lollies (GF, DF, V)

Week Beginning: 10/11/25; 1/12/25; 12/1/26; 2/2/26; 2/3/26; 23/3/26

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cod/Salmon Bites* (DF)	Chicken Fillet Bites* (DF)	Butcher Pork Meatballs*	Fish Fillet* (DF)	Beef Burger* or Bacon (GF, DF) in a Bap
Second Option	Quorn Bites (DF, V)	Jacket Potato Cheese & Beans (V)	Vegan Meatballs (DF, V)	Vegetable Carbonara with Spaghetti (V)	Quorn Burger (V)
Sides	Skin-On Fries & Peas	Twister Potatoes & Baked Beans	Mashed Potato, Sweetcorn & Onion Gravy	Herby Cubed Potatoes & Carrots	Hash Brown Puffs (GF, DF, V)
Lite Bite	Roll	Wrap	Roll	Wrap	Roll
Dessert	Fruit Crumble* & Cream	Cookies*	Orange & Mango Iced Smoothie	Madeleine Sponge* (DF,V)	Choc Ice*

Week Beginning: 17/11/25; 8/12/25; 19/1/26; 9/2/26; 9/3/26; 30/3/26 (Mon-Thurs)

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Menu	Fish Finger* (DF)	Cheese/Tomato Pizza & Wholewheat Pasta (DF, V)	Homemade Chilli Con Carne (GF, DF)	(GF) Roast Turkey Crown & Stuffing (DF)	Butcher Pork Chipolata Sausages* (DF)
Second Option	Cheese Wheel (V)	Sweet & Sour Chicken, Wholegrain Rice (GF)	Macaroni Cheese (V)	Vegetable Nuggets (V)	Quorn Sausages (GF, V)
Sides	Skin-On Wedges and Spaghetti Hoops	See above	Rice	Roast Potatoes, Carrots, Peas & Gravy	Herby Cubed Potatoes & Baked Beans
Lite Bite	Roll	Wrap	Roll	Wrap	Roll
Dessert	Chocolate Cracknell (V)	Spicy Shortbread*(DF)	Chocolate Pudding* (DF) & Chocolate Sauce	Vanilla Ice Cream Cup (GF,V)	Berry Iced Smoothie (GF,DF,V)

KEY CODE: GF = Gluten Free; DF = Dairy Free; V = Vegetarian; * = GF alternative will be available

Various Salad Bar Items Available Every Day