



## Bishops Tawton Primary School PERSONAL, SOCIAL, HEALTH & ECONOMICS EDUCATION POLICY

### Aims and Objectives of PSHE

This policy covers the School's approach to Personal, Social, Health and Economics Education (referred to as PSHE throughout) which promotes the Spiritual, Moral, Social, Emotional and Cultural (SMSEC) development of our children. The School's PSHE provision is intrinsically linked with our Relationships, Relationships and Sex and Health Education (RHE) provision. Together they cover the DfE's statutory requirements for teaching Primary Relationships Education, Relationships and Sex Education and Health Education which became compulsory in September 2020.

The PSHE programme also promotes the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle. (DFE guidance 2013 and updated in 2019 and September 2021 to include Relationship and Sex and Health Education).

### **Our key aim in teaching PSHE:**

1. Explore, embrace and take ownership of the schools values (to become an independent, confident and responsive learner we are prepared to live well in modern Britain and the wider world).
2. To teach children the skills that will help them to cope through childhood and adult life.
3. To help and encourage children to make informed decisions and choices by themselves.
4. To develop in every child a sense of self worth, self esteem, self-confidence, independence and responsibility.
5. To teach the knowledge and develop the understanding that will make it possible for children to plan lifestyles that will keep themselves and others safe and healthy.
6. To develop effective relationships in children's lives by helping them cope with their own feelings and understand those of others.
7. To develop children's respect for all people and the differences between them.
8. To provide a secure, safe and supportive environment in which everyone feels valued.
9. To develop a school community in which everyone is keen to take part and feels that their contribution is valued.
10. To help and encourage children to be emotionally literate, develop effective communication skills and be active responsible citizens.
11. To enable and encourage children to achieve and take an active part in their own learning.
12. Understand and promote, where possible, the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.
13. Be able to identify reasons for making responsible choices about money; understand the benefits of saving money.

### **Teaching and Learning Strategies**

We teach PSHE in a variety of ways:

- For PSHE each year group has topics which they explore with the children. Each half term there is a new theme taken from the One Decision programme (<https://schools.1decision.co.uk>) which the whole school explores through school Assemblies, lesson plans, circle time and family groups.
- Through Philosophy for children activities
- Directly linked to SMSC which might be planned into a topic theme or taught discretely
- Through the ethos, management and organisation of the school.
- Through class debates and our School Council.

### **Equal Opportunities**

Teaching strategies and material should:

- ensure equal access to the curriculum for all
- ensure sensitive treatment of gender and ethnic and religious issues
- avoid stereotyping.

### **Inclusion**

- The teaching of PSHE promotes respects and celebrates the identity of each child.
- Every child has a sense of being valued and listened to through the delivery of PSHE and SMSC
- Children come to a better understanding of themselves and others through PSHE and SMSC

**Recording and assessment**

- PSHE Co-ordinator monitors and supports PSHE Planning.
- PSHE (personal development) is reported on in annual reports to parents.

**Health and Safety**

- Promote healthy lifestyles, choices and attitudes in all.
- Follow the school's Code of Conduct.
- Follow the school's policies for drug misuse, relationships and sex ed, behaviour and anti bullying.

**Performance Indicators**

- Positive feedback from teachers about children's behaviour and learning.
- Evidence of raised standards in learning and learning behaviours.
- Evidence of improved attitudes such as increased responsibility and respect in children.

Policy Reviewed

January 2022

Next Review

January 2025

**DIRECTLY LINKED TO:**

Social, Moral, Spiritual and Cultural aspects of learning

SEAL (Social and Emotional Aspects of Learning)

1Decision platform

RSE policy