



Welcomes Parents & Carers of Children and Adults with Additional Needs.

Come and join our friendly informal support group for an opportunity to connect with other parent carers

We meet monthly for a coffee and a chat offering advice, sign posting, friendship and peer support

Barnstaple

We meet on the 2nd Friday of every month from 11am at:

**St Johns Garden Centre Café
St Johns Lane
Barnstaple
EX32 9DD**

Bideford

We meet on the 1st Tuesday of every month from 10:30am at:

**Morrisons Superstore Café
Kingsley Road
Bideford
EX39 2LG**

If you are interested in attending or would like further information

Please contact: Tracey

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