

MUNCH TIME MENU SPRING TERM 2023 –FEBRUARY HALF TERM TO EASTER

MENU ONE – 20/02/23, 13/03/23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese & Tomato Pizza & Pasta (V)	Thai Green Chicken Curry, Rice, Peas (GF,DF)	Spaghetti Bolognese (GF,DF)	Roast Pork Loin (GF,DF)	Fish Fillet (DF) or Bacon Roll (GF, DF) and Chips
Second Option	Sweet & Sour Chicken, Rice, Peas (GF, DF)	Cheese Wheel (V)	Quorn Mince Bolognese (V)	Vegetable Nuggets (V)	Jacket Potato with beans and cheese (V)
Sides	Peas	Peas	Garlic Bread (DF, V)	Roast Potatoes, Carrots, Broccoli, Gravy (DF, GF, V)	Baked Beans
Lite Bite	Roll	Wrap	Roll	Wrap	Roll
Pudding	Homemade Apricot Flapjack (GF, DF, V)	Homemade Syrup Sponge (DF, V) & Custard (V)	Cookie (V)	Fruit Smoothie (DF, GF, V)	Choc Ice (V)

MENU TWO – 27/02/23, 20/03/23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Hot Pot (GF,DF)	Gammon Ham (DF, GF)	Cottage Pie (GF, DF)	Roast Pork Chipolata (GF,DF)	Burger or Bacon in Bap (GF, DF)
Second Option	Macaroni Cheese (V)	Vegetable Nuggets (V)	Tomato & Basil Pasta (V)	Quorn Sausage (V)	Quorn Burger in Bap (V)
Sides		Mash & Baked Beans		Roast Potatoes, Carrots, Green Beans, Yorkshire Pudding (V) & Gravy (DF, GF, V)	Hash Brown Puffs (GF, DF, V) & Sweetcorn
Lite Bite	Roll	Wrap	Roll	Wrap	Roll
Pudding	Homemade Ginger Shortbread (DF, V)	Cookie (V)	Homemade Carrot Cake (DF, V)	Ice Cream Swirl (V)	Organic Apple Ice Lolly (GF,DF,V)

MENU THREE – 06/03/23, 27/03/23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Fish Finger with Wedges (DF)	Chicken Fillet Bites (GF,DF)	Sausage Roll (DF)	Roast Chicken (GF, DF) with Stuffing (DF)	Pork Chipoloata (GF, DF)
Second Option	Jacket Potato with Beans & Cheese (GF, V)	Quorn Bites (V)	3 Bean Casserole (GF, V)	Luxury Vegetable Burger (GF, V)	Quorn Sausage (V)
Sides	Spaghetti Hoops	Mashed Potato and Baked Beans (DF, GF, V)	Criss Cross Potatoes and Sweetcorn (DF)	Roast Potatoes, Carrots, Cauliflower & Gravy (GF, DF, V)	Mashed Potato, Baked Beans (GF, DF, V)
Lite Bite	Roll	Wrap	Roll	Wrap	Roll
Pudding	Cookie (V)	Sultana Fawcett (V)	Chocolate Pudding (DF) and Chocolate Sauce	Fruit Smoothie (GF, DF, V)	Arctic Roll (V)